

## Paul Veenemansprijs 2013

#	St. nr.	Cat.	Ploegnaam	Deelnemer	R	Wielrennen	Schaatsen	Hardlopen	Roeien	Totaal Punten
1	1	H	Skadi 1	Steenman, Mitchel	1x	15:12.0 109.5	06:42.1 110.0	0.0	13:30.5 110.0	329.534
2	6	H	Skadi 2	Rom Colthoff, Pieter	2-	15:03.2 110.0	08:55.6 100.0	16:32.3 108.6	14:31.3 13:45.9 105.1	323.697
3	28	HV	C Beatrix 1	Egelmeers, Gerard	1x	15:56.9 107.2	0.0	17:02.8 107.7	14:08.1 106.9	321.752
4	5	H	Vidar	Dijkstra, Sjoerd	1x	16:34.7 105.2	0.0	16:58.3 107.8	13:49.1 108.5	321.442
5	36	HV	A Beatrix 7	Vaes, Youri	1x	15:46.2 107.7	0.0	18:10.1 105.5	14:22.6 105.8	318.956
6	25	HV	D Poseidon	Gans, Jan Frits de	1x	15:10.8 109.6	07:31.7 106.3	0.0	15:07.8 102.1	317.973
7	18	HV	C Ruyter 1	Dok, Cees van	2-	16:17.7 106.1	07:23.4 106.9	0.0	14:43.7 13:57.7 104.0	317.005
8	8	H	Okeanos 1	Veling, Martijn	2-	15:22.0 109.0	08:00.6 104.1	18:05.8 105.6	15:10.7 14:23.2 101.8	316.463
9	27	HV	B Alkmaarsche 1	Al, Frank	1x	16:48.3 104.4	0.0	18:36.3 104.6	14:22.4 105.8	314.834
10	51	J	18 Hemus 1	Kanters, Stijn	1x	16:18.8 106.0	07:57.5 104.4	19:11.8 103.5	14:41.6 104.2	314.564
11	26	HV	C ARC	Nieuwenhuis, Bas	1x	16:25.2 105.7	07:35.7 106.0	0.0	15:05.6 102.3	313.905
12	7	H	Maas	Schouten, Jaap	2-	16:44.9 104.6	0.0	18:55.5 104.0	14:31.3 13:45.9 105.1	313.667
13	4	H	Dordrechtsche 1	Matten, Sander van der	1x	15:59.8 107.0	08:36.7 101.4	0.0	14:29.5 105.2	313.625
14	29	HV	A Gyas	Kuip, Bram	1x	16:55.1 104.1	08:36.9 101.4	15:50.5 110.0	15:39.8 99.5	313.554
15	9	H	Okeanos 2	Goossens, Aart	2-	16:41.8 104.8	0.0	17:49.1 106.2	15:10.7 14:23.2 101.8	312.779
16	58	J	16 Hemus 2	Brussel, Ben van	1x	17:52.2 101.1	07:35.8 106.0	0.0	15:12.6 101.7	308.721
17	16	HV	C Hemus	Ziengs, Jantinus	2-	17:17.1 102.9	0.0	19:04.0 103.7	15:14.5 14:26.8 101.5	308.171
18	3	H	Dordrechtsche 2	Meuzelaar, Johan	1x	0.0	08:27.0 102.1	18:49.7 104.2	15:14.1 101.6	307.903
19	17	HV	D Daventria 2	Meijer, Hans	2-	18:00.6 100.6	07:40.8 105.6	0.0	15:14.5 14:26.8 101.5	307.747
20	31	HV	B Willem III 2	Klompmaker, Ruben	1x	18:06.0 100.3	0.0	18:01.5 105.8	15:30.3 100.3	306.327
21	74	D	Skadi	Sigmund, Rianne	1x	17:45.0 101.4	0.0	18:44.2 104.4	15:28.1 100.4	306.229
22	54	J	18 Beatrix 4	Buise, Thomas	1x	17:59.1 100.7	0.0	19:41.2 102.5	15:01.1 102.6	305.831
23	65	D	Thêta 1	Scheenaard, Lisa	1x	17:59.3 100.7	0.0	20:52.7 100.2	14:34.3 104.8	305.682
24	67	D	Thêta 2	Dekker, Rianne	1x	17:48.7 101.2	0.0	19:41.7 102.5	15:18.9 101.2	304.917
25	32	HV	A Hertog 2	Desmense, Yorick	1x	17:26.7 102.4	08:39.4 101.2	21:22.8 99.2	15:19.7 101.1	304.738
26	13	HV	D Ruyter 5	Onderdelinden, Eric	2-	16:57.3 104.0	08:10.9 103.3	0.0	16:06.2 15:15.8 97.3	304.638
27	2	H	Thêta	Jansen, Mattijs	1x	18:18.5 99.7	0.0	20:12.3 101.5	14:52.2 103.4	304.524
28	19	HV	A Ruyter 2	Röling, Jan	2-	18:30.8 99.0	0.0	21:08.9 99.7	14:43.7 13:57.7 104.0	302.723
29	15	HV	B Ruyter 3	Verwijs, Mark	2-	17:10.7 103.2	08:35.2 101.5	0.0	15:58.8 15:08.8 97.9	302.710
30	12	HV	B Ruyter 6	Tolenaars, Jacco	2-	17:05.4 103.5	0.0	20:26.2 101.1	16:06.2 15:15.8 97.3	301.918
31	55	J	18 Zwolsche	Boom, Lars van den	1x	18:22.1 99.5	09:16.9 98.4	0.0	15:11.7 101.8	299.638
32	40	HV	D Beatrix 4	Hovener, Martien	1x	17:59.8 100.6	0.0	20:12.4 101.5	16:05.7 97.4	299.534
33	35	HV	B Nautilus	Harrewijne, Jeroen	1x	17:44.8 101.4	0.0	21:36.4 98.8	15:56.6 98.1	298.336
34	34	HV	C RIC 2	Steen, Roel van der	1x	18:53.9 97.8	0.0	20:48.1 100.3	15:33.4 100.0	298.136
35	37	HV	A RIC 1	Degenkamp, Niels	1x	18:24.7 99.3	0.0	20:04.1 101.8	16:20.0 96.2	297.313
36	14	HV	D Ruyter 4	Santen, Jorg	2-	17:46.6 101.3	09:29.9 97.4	0.0	15:58.8 15:08.8 97.9	296.712
37	52	J	18 Beatrix 1	Vuurberg, Sibren	1x	18:15.0 99.8	0.0	21:24.8 99.2	16:21.3 96.1	295.103

38	88	DV	A	Beatrix 5	Pluijmer, Marieke	1x	18:42.0	98.4		0.0	20:18.2	101.3	16:39.5	94.6	294.353
39	50	J	18	Hertog 2	Beek, Peter van der	1x	18:40.0	98.5		0.0	23:45.2	94.6	15:22.1	100.9	294.042
40	66	D		Euros	Groot Koerkamp, Maureen	1x	18:16.7	99.8		0.0	21:52.9	98.2	16:25.4	95.8	293.768
41	38	HV	C	Beatrix 5	Knaap, Duuk van der	1x	18:09.1	100.2	09:29.8	97.4		0.0	16:20.6	96.2	293.754
42	93	DV	A	De Hoop	Horst, Jannemieke ter	1x	18:43.9	98.3	10:19.9	93.7	21:04.9	99.8	16:31.8	95.2	293.364
43	53	J	18	Hemus 3	Vries, Rens de	1x		0.0	11:19.1	89.3	19:26.7	103.0	15:21.6	101.0	293.202
44	84	DV	C	Beatrix 1	Meijer, Elien	1x	18:50.7	98.0		0.0	21:55.4	98.2	16:09.3	97.1	293.196
45	86	DV	C	RIC	Wolffenbuttel, Marit	1x	18:07.7	100.2	08:50.7	100.4		0.0	17:04.4	92.6	293.193
46	59	J	16	Beatrix 2	Overes, Frank	1x	19:20.8	96.4		0.0	21:32.5	98.9	16:01.2	97.7	293.004
47	33	HV	C	Hertog 1	Herpen, Jan-Willem van	1x	18:43.5	98.3		0.0	21:38.9	98.7	16:24.7	95.8	292.860
48	44	HV	F	Daventria 1	Kluijfhout, Hans	1x	19:01.5	97.4		0.0	20:48.5	100.3	16:36.3	94.9	292.603
49	41	HV	A	Willem III	Koops, Jasper	1x	18:52.1	97.9		0.0	20:49.1	100.3	17:06.0	92.5	290.659
50	43	HV	F	Alkmaarsche 2	Boom, Jos	1x	19:08.2	97.0	08:41.8	101.0		0.0	17:31.3	90.4	288.467
51	85	DV	D	Alkmaarsche 1	Russell-van der Zee, Anneloes	1x	19:44.4	95.1	09:14.6	98.6		0.0	16:46.1	94.1	287.771
52	68	D		Thêta 3	Ditshuizen, Lotte van	1x	20:20.2	93.2		0.0	24:08.0	93.9	15:25.1	100.7	287.761
53	83	DV	B	Hertog	Vries, Rinske de	1x	19:37.7	95.5		0.0	23:02.2	96.0	16:27.5	95.6	287.060
54	69	D		Saurus 1	Verholt, Marloes	1x	18:55.9	97.7		0.0	23:12.2	95.7	16:60.0	93.0	286.305
55	89	DV	A	Beatrix 2	Droog, Lieke	1x	20:59.2	91.1		0.0	22:28.2	97.1	16:12.8	96.8	285.043
56	91	DV	C	Viking	Jong, Heleen de	1x	20:14.3	93.5		0.0	22:48.6	96.4	16:51.1	93.7	283.643
57	70	D		Thêta 4	Borneman, Merlijn	1x	19:33.5	95.7	10:20.2	93.7		0.0	16:44.4	94.2	283.573
58	57	J	16	Hertog 1	Geschiere, Leander	1x	20:29.5	92.7		0.0	24:07.3	93.9	16:27.3	95.6	282.222
59	71	D		Saurus 2	Duker, Janneke	1x	19:08.7	97.0	10:04.4	94.8		0.0	17:33.7	90.2	282.058
60	42	HV	D	Beatrix 3	Govers, Corné	1x	18:45.0	98.3		0.0	27:35.3	87.1	16:24.3	95.9	281.253
61	72	D		Thêta 5	Meijer, Irma	1x	21:12.7	90.4		0.0	24:36.6	92.9	15:59.6	97.9	281.238
62	39	HV	D	Aeneas	Ohlert, Peter	1x		0.0	10:17.1	93.9	23:55.9	94.3	17:01.5	92.8	280.982
63	87	DV	A	Laak	Houdé, Muriël	1x	18:30.0	99.0	10:37.9	92.3	22:08.5	97.7	18:48.0	84.2	280.955
64	77	DV	C	Ruyter 2	Boer, Anne Marie de	2-	19:47.4	95.0	09:44.4	96.3		0.0	17:53.9 16:57.9	88.6	279.864
65	90	DV	B	Alkmaarsche 2	Poorter, Threski	1x		0.0	12:31.3	83.8	22:49.0	96.4	17:06.2	92.4	272.717
66	76	DV	A	Ruyter 1	Brouwer, Annemarie	2-	21:21.0	90.0		0.0	25:51.7	90.5	17:53.9 16:57.9	88.6	269.062
67	92	DV	C	Aeneas	Ohlert, Baerbel	1x		0.0	10:31.1	92.8	23:32.1	95.0	19:56.2	78.6	266.491
68	95	M	18	Beatrix 2	Bergen, Saskia van	1x	22:09.5	87.4		0.0	26:23.9	89.5	18:02.9	87.8	264.720
69	56	J	16	Beatrix 3	Hoogeveen, Thomas	1x	20:45.7	91.9	17:00.6	63.7		0.0	16:28.5	95.5	251.051
70	79	DV	C	Beatrix 4	Kamphuis, Alie	2-		0.0	09:44.7	96.3	24:28.1	93.2		0.0	189.533
71	73	D		Thêta 6	Haan, Stella de	1x		0.0	16:25.1	66.3	25:59.9	90.2		0.0	156.563
72	30	HV	A	Beatrix 2	Lievens, Floris	1x		0.0		0.0		0.0		0.0	0.000
73	78	DV	B	Beatrix 3	Peters, Inge	2-		0.0		0.0		0.0		0.0	0.000